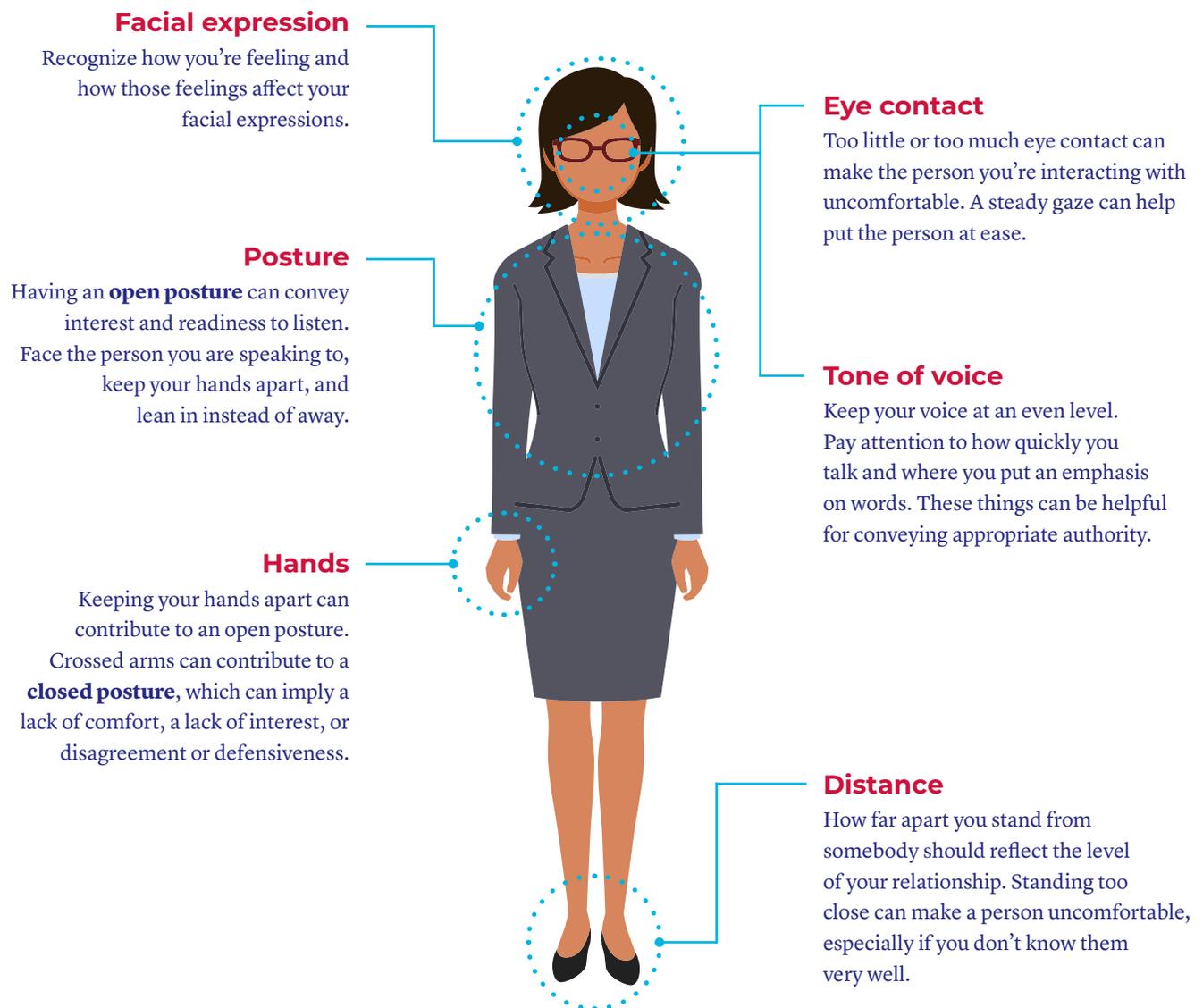


# Visual Guide to Nonverbal Communication

Understanding nonverbal communication and being able to control it can help leaders improve interactions and get their message across. Here are some elements of nonverbal communication to keep in mind:



SOURCES: Ruby Nadler, Ph.D., leadership consultant; SIGMA Assessment Systems Inc.; Education Week reporting

Image: Getty